

MISSIONS TRIP REQUIREMENT LIST

1. Valid passport (Non SA Citizens please check if you need a VISA)
<http://www.projectvisa.com/visainformation/Lesotho>
2. Packed lunch for the road on the first day
3. Lip Ice
4. Bible, Notebook, Pen
5. Toiletries including towel. Warm clothes (preferably polar fleece top plus thick windbreaker jacket, warm gloves, beanie, scarf)
6. Wrap around skirt for ladies. (In public ladies must wear a dress or skirt, so a wrap around skirt is easy to wrap over jeans or track pants)
7. Men, long pants, to be worn during ministry times
8. Good walking shoes (hiking boots etc.)
9. Sleeping bag, pillow.
10. Personal medication
11. Camera
12. One roll of toilet paper.
13. Torch (flashlight if you're not South African! 😊)
14. Candle and matches or lighter
15. Personal spending money. (There is a Shoprite now!!)
16. A good sense of humor.
17. Snacks for the road.
18. Water bottle (filled for the first day)
19. Write down and be prepared to share your personal testimony
20. There is electricity to charge cell phones etc.

Meal times may be irregular and on the side of the road. At times there is hard work to be done. Be prepared. Please be flexible and adaptable as plans can change quickly in the mission field. Remember that there are lots of people from varying backgrounds and this can be challenging at times.